

Winter Nights

- * what to do during dark/rainy nights
- * things to do in the city
- * what helps you in the winter months
- * how does it feel to use public transport at night
- * cosy comforts

Snuggle in Bed and
watch a show/
Movie

On Public Transport
wear headphones

Get excited for Christmas

Wrapping Presents

light the room with candles and fairy lights to make it cosy.

huge blankets and throws

netflix christmas films

get excited for Christmas!

mince pies!

warm baths!

cuddling with pets

wrapping presents listening to Christmas tunes.

baking gingerbread men and decorating them.