

## Newsletter Spring 2016

### Mentoring Evaluation



Move On has recently completed a major external evaluation of our mentoring services, carried out by the Centre for Research on Families and Relationships at the University of Edinburgh. We will be carrying out a series of events to share the findings from their report over the next few months – the first was an event for our Edinburgh mentors on 2 June, with a further event planned for our Glasgow mentors on 16 June. We have already recruited a mentoring co-ordinator, Laura McKechnie, to implement their recommendations and to ensure that we sustain the high standards recognised in the report.

### Final report





## Inspiring Volunteers

Three of our volunteers have been nominated for Inspiring Volunteering Achievement Awards taking place on 7th June at Edinburgh City Chambers:

- **Kirsty Gasgoyne**, Young Inspector
- **Paula Arthur**, Volunteer Peer Educator
- **Karen Reilly**, Befriender/Mentor

Plus **Sarah Brown** has been nominated for a Saltire Summit Award for her volunteering as a mentor.

Congratulations to all four for their nomination and many thanks to all our volunteers for your dedication.

[Volunteering at Move On](#)

## Aye Write 2016



Linda Stewart, our literacies tutor, accompanied several of our learners to Glasgow's Aye Write Festival, where they shared their experiences on the topic of journeys, through presentations and displays.

Here's what Biruk said about the day: *"First of all I would like to say thank you to my tutor, Miss Linda. I thought I would be speaking to an audience of 20- 30 people but was surprised to discover there were approximately 200 people in the room. It was a privilege for me, my country and Move On to get the opportunity to speak at such an event. "I don't remember how I got to the stage I just remember being very scared! My heart was beating faster than it ever had before. My hand and legs were also shaking. I stood on the stage but my voice was wavering because I was so nervous. After 3 or 4 sentences my voice returned to normal. It felt great to be able to tell my story! Linda told me to put some expression into my reading. I managed to do this whilst smiling and engaging with the audience. At times I felt I spoke too fast but managed to slow down so the listeners could follow me. "Finally, I am proud of my achievement and feel confident taking to the stage to tell my story again. I'm ready!!!!"*

Here's some other comments:

Barry: *"I felt really proud with the fact my work got some recognition, it was a wee warm feeling in ma gut to see that."*

Christine: *"It was really inspiring, I felt a mixture of emotions, I applaud everyone who took part and wish them all luck for the future."*

David: *"I thought it was really good, a lot of people did struggle but they still did it and did very good and should be very proud"*

John: *"It was really good to see people growing in confidence. Great day!"*

Lorraine: *"Through working with Linda I have now completed my SVQ Level 3 in Communications. This is the first time I have received recognition of my work."*

[More about Move On at Aye Write 2016](#)

## Youth and Community Skills "Graduation"



Congratulations to everyone who has completed our Youth and Community Skills programme over the last 12 months. In March, our Edinburgh office held a "graduation" ceremony for young people to receive their SQA Award in Personal Development, and to celebrate their achievement. Here's a selection of comments from presentations they gave on the night:

*"I've been homeless myself and I knew what I was talking about. I found out when I was coming here that I wanted to be a youth worker. Move On helped me get an SQA, which is brilliant. I've got more qualifications now and it's inspired me to do more volunteering. Thank you."*

*"For me, coming and doing the course helped me develop my personal skills and work with people who've got similar experiences. It has given me a lot more confidence and hopefully has helped me progress towards working in youth work and it's given me more hope for the future. "*

*"I was with Move On for about 2 years. I was living at the Salvation Army at the time. What I learned from Peer Ed was learning to deal with situations with people and interacting with them. It also gave me organisational skills. So now I've got my own house and stuff because of it, and now I'm at college as well. Having a job and going to college is something I never thought I'd have."*

[Youth and Community Skills \(peer education\) programme](#)

## Corporate Sponsors

We are delighted to welcome two new corporate sponsors:

### Royal Bank of Scotland



The RBS Graduate Corporate Social Responsibility Council have chosen Move On as their charity of the year. They have already had a very successful bake sale (visited by Nicola Sturgeon!), and have volunteered at the FareShare warehouse. They are planning a major fundraising day on 27<sup>th</sup>/28<sup>th</sup> July, when several teams will compete to see who can raise the most for Move On in 24 hours!

### ICS Learn



ICS Learn has chosen Move On as their Charity of the Year 2016. ICS Learn is a company based in Glasgow offering over 65 professional online courses available across a range of interest areas. A team of 8 ICS staff, along with our own John Hinton, are taking part in the Caledonia Challenge on 11<sup>th</sup> June – to walk 24 miles in 12 hours - best of luck to them all! If you would like to help them on their way, please click the link below to donate:

<http://uk.virginmoneygiving.com/fund/CaledonianChallenge>

## Global's Make Some Noise supports Move On



Move On has been selected as one of this year's beneficiaries to receive funding and support through Global's Make Some Noise, created by media and entertainment group Global (Heart, Capital, Capital XTRA, Radio X, Classic FM, LBC, Smooth and Gold) to give a voice to small charities and projects across the UK which struggle to raise awareness. Their main appeal day is 7th October 2016 involving all their stations.

[More about Global's Make Some Noise and Move On](#)

## FareShare warehouse move



The FareShare warehouse has moved to far bigger premises in Whiteinch, with larger office areas and training facilities as well as the vastly expanded warehousing space, which will enable us to take more deliveries from the major food retailers to distribute to more people in need in Glasgow and beyond, through our Community Food Members. The new contact details are:

**1070 South Street, Glasgow G14 0AP, phone: 0141 958 1133**

[More about FareShare Glasgow and the West of Scotland](#)

## Staff changes

Welcome to the following new members of staff:

- Declan Cannon (Sessional Development Worker, Glasgow)
- Ross Davidson (Befriending Co-ordinator, Edinburgh)
- Hayley Dymond (Trainee Support Worker, FareShare)

- James Frame (Trainee Support Worker, Edinburgh) - see [James's blog](#)
- Chidiebere Igwebuikwe (Environmental Researcher, Glasgow)
- Claire McManus (Literacy Tutor, Glasgow)
- Felicity Morrow (Development Worker, Edinburgh)
- Gabby Nolan (Operational Manager, Edinburgh)
- Andrew Rennie (Trainee Support Worker, FareShare)
- Jamie Rooney (Trainee Admin Assistant, Glasgow)
- Jamie Sime (FareShare Food Cloud Co-ordinator)
- Liz Stimson (Admin Assistant, Edinburgh)
- Denise Talent (Sessional Development Worker, Glasgow)

These employees have new roles:

- Leighanne McCombe (Operational Manager, Glasgow)
- Laura McKechnie (Mentoring Co-ordinator)

And farewell to:

- From Glasgow: Suki and Natalie (on secondment), Louisa
- From Edinburgh: Beth and Imke (both on maternity leave – congratulations to Beth on her new baby Asher), Angus and Kelly



[www.moveon.org.uk](http://www.moveon.org.uk)



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