

# Journey by Frank

**J**ump, a leap of faith on an unknown path,  
intrepid we go, facing the void.

**O**nwards from this point, no turning back, for  
to return would be misery

**U**pwards in mind and spirit, lifted from the  
gloom, a shard of light, salvation

**R**eturn, alone I hope, to myself. Free from the  
chains that are my addiction

**N**ew hope of a life of freedoms and endless  
promise, time now to build the foundation of a  
stable future

**E**xacting standards, for this is how it has to be.  
A path well trod by millions before me

**Y**esterday was me, tomorrow could be you, take  
that leap for your life too