## MY JOURNEY TO ADDICTION Alan

 $\underline{A}$  soul destroying disease, this addiction is sapping the life and energy from my soul

<u>D</u>estroying my mind, my family, my friends Will I ever see clearly again?

<u>D</u>eath is certain if I don't at least try to conquer this evil from my mind

 $\underline{\mathbf{I}}$  can see clearer now that I try, if I don't for sure my mind will fry

<u>Caught up in all sorts of bull, addiction, don't</u> care as long as you're full

 $\underline{T}$ ry I must, as I don't want to die all that I'm doing, make all loved ones cry

 $\underline{\mathbf{I}}$ n rehab I am for one final push to rid all this evil so my mind can be shhhoosh

Onwards and upwards is the cry that I here, Oh I miss my mother, I love her so dear

<u>N</u>ow that I'm here I can see the light, Hoping my addiction has had a big fright